

LOCAL CIRCUMCISIONS – AFTERCARE INSTRUCTION NOTES

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Your baby has just been circumcised. These notes are for your guidance to help you care for him over the next few days. Keep these notes in your baby's Red Book for reference and safekeeping.

General

Your baby may understandably be a bit more irritable over the next few hours. He may whimper when passing water and may need extra comforting. He has double nappies on to give him extra padding, and to help keep his legs apart, don't be afraid to handle him – it won't hurt. He should continue to wear double nappies, one on top of the other, until his bath tomorrow. In all other respects try to keep his routine as normal as possible.

You **must** change his nappy and Vaseline **hourly** (even if you have to wake him) for the first **two** changes. It is normal for there to be some small blood staining on the gauze square or in the nappy. **However, if there is any fresh bleeding (this is usually dark and sticky and will saturate the gauze square completely) then please call me immediately.**

Day 1

- ❖ A fresh Gauze with a thick layer of Vaseline at each nappy change
- ❖ First 2 changes 1 hour each
- ❖ Then change every 2 hours
- ❖ Double nappies
- ❖ No bath

Bathing

Once the gauze packets are finished (about 24 hours after the circumcision) you **must** bath the baby. Sit him in the warm soapy water, just take extra care and be gentle with his penis especially when drying him.

Next 2 weeks

- ❖ A LITTLE Vaseline with your finger at each nappy change
- ❖ Change every 2 hours
- ❖ Back to single nappy
- ❖ Bath every day while the wound is healing

Healing

Following circumcision, the penis can look red and sore. This is entirely normal and will settle over the next few days, taking about ten to fourteen days to take on the appearance of a normal circumcised penis.

Because it is constantly damp inside the nappy, the wound will not form a hard scab. Instead there may be some creamy coloured oozing from the wound area which will not turn hard. This discharge is part of the normal healing process, and should not be confused with pus. **Do not** try to wipe it

away, it will disappear on its own. There may also be some small bloodstains on the nappies at this time, this is not unusual and can be ignored. There may be a ring of swelling just below the head of the penis, this is quite common and the swelling will eventually go down but it may take some time. Please ensure to change his nappies every 2 hours as wet nappies get very tight inside and will rub on the wound. You may need to go up one size on his nappies. If during this time the penis is seen by someone who is not used to seeing babies circumcised by this method they may express surprise at the appearance even suggesting that the wound is infected. You may reassure them that this is most unlikely to be the case. I will be pleased to answer any enquiries – even months later, so please call me in the first instance.

Advice

I can see the baby again if needed at about ten to fourteen days after the circumcision by which time he should be almost fully healed. If you have any questions please do not hesitate to contact me on **07970 071 548**. I am available for advice at any time. If you get through to my voicemail, please leave a message and I will return your call as soon as possible.

Text of the signed Informed Consent

I confirm that I have parental responsibility for the above mentioned baby. I have been given an explanation of the operation of circumcision and its post procedural effects, understand the proposed procedure's benefits and risks and have been given written aftercare instruction notes with a copy of this consent and Rabbi Schwartz's contact details. I confirm that I will follow Rabbi Schwartz's aftercare instructions fully, and that should I have any concerns following the circumcision, I will contact Rabbi Schwartz. I have read, and confirm all the details entered on this record card and confirm that both parents consent to the circumcision being carried out on my son.

'Change & Text'			
	Time	Changed <input checked="" type="checkbox"/>	Texted <input checked="" type="checkbox"/>
1 st			
2 nd			
3 rd		And then every <u>2</u> hours	

Nappy size Guide	
Baby's Weight	Nappy size

Under 3kg	Size 1
From 3kg	Size 2
From 4kg	Size 3
From 6kg	Size 4
From 8kg	Size 4+

I invite you to email me a short review of your experience for inclusion on my website, so that other parents may also benefit from my service. Please email your review to Rabbischwartz@gmail.com